



Breaking new grounds



You are looking for:

- assistance and support in a situation of having a problem or taking a decision
- ways to new shores
- a change in your life
- more satisfaction in life
- a healthier work-life balance
- your individual stress competence
- new positive vocational or private impulses
- opportunities to fulfill your desires
- an independent and competent advisor



Life`s a climb,
but the view is great!

I offer:

- time and to simply accept you the way you are
- a resource- and solution-oriented concept
- advice tailored to you personally
„from practice - for practice“
- holistic problem analysis
- new, fresh and constructive perspectives
- inspiration, motivation, help for self-help
- assistance to identify your own needs
- development of effective goals
- flexibility with time and location
- discretion, medical confidentiality

Contact me directly and without obligation

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